

# COMMUNITY SERVICE JOURNAL

PLEASE ANSWER THE FOLLOWING QUESTIONS ABOUT YOUR COMMUNITY SERVICE EXPERIENCE. Most questions should be answered every 1 hour of community service however; if you serve all of your hours at once you may answer them as a collective reflection.

## CAREERS:

WHAT IS YOUR IDEAL CAREER?

WHAT ORGANIZATION CAN YOU VOLUNTEER WITH TO GAIN CAREER EXPERIENCE?

WHAT GENERAL VOCATIONAL EXPERIENCES DO YOU ANTICIPATE GAINING FROM YOUR VOLUNTEER EXPERIENCE?

IN WHAT WAY DO YOU FEEL YOU CAN BE OF MOST ASSISTANCE TO OTHERS?



**HOUR 1.** DATE: \_\_\_\_\_ ORGANIZATION OR LOCATION: \_\_\_\_\_

WHAT ORGANIZATION DID YOU VOLUNTEER WITH? WHAT IS THEIR MISSION OR WHAT WAS THEIR GOAL?

WHY DID YOU WANT TO SPEND YOUR TIME WITH THIS ORGANIZATION?

## **HOUR2.**

DATE: \_\_\_\_\_ ORGANIZATION OR LOCATION: \_\_\_\_\_

**WHAT ARE SOME CHALLENGES YOU HAVE EXPERIENCED AS A VOLUNTEER?**

**IN WHAT WAYS CAN YOU CONNECT YOUR EXPERIENCES AS A VOLUNTEER TO YOUR LONG-TERM GOALS OR CAREER ASPIRATIONS?**



## **HOUR3.**

DATE: \_\_\_\_\_ ORGANIZATION OR LOCATION: \_\_\_\_\_

**HAVE YOU MET ANY NEW PEOPLE WHO YOU RESPECT OR LIKE THROUGH YOUR EXPERIENCE SO FAR?**

**WHAT WAS THE BEST THING THAT HAPPENED DURING YOUR FIRST AND THIRD HOUR OF VOLUNTEER SERVICE?**

## **HOUR4.**

DATE: \_\_\_\_\_ ORGANIZATION OR LOCATION: \_\_\_\_\_

**DO YOU FEEL LIKE YOU ARE A POSITIVE MEMBER OF YOUR VOLUNTEER TEAM? WHY OR WHY NOT?**

**IN WHAT WAYS CAN YOU IMPROVE TO BE A MORE VALUABLE MEMBER OF YOUR TEAM?**



## **HOUR5.**

DATE: \_\_\_\_\_ ORGANIZATION OR LOCATION: \_\_\_\_\_

**HAVE YOU RECEIVED ANY COMPLIMENTS OR COMPLAINTS THIS WEEK? WHAT WERE THEY AND HOW DID THEY MAKE YOU FEEL?**

**HAVE YOU HAD TO DEAL WITH A MEMBER OF THE GENERAL PUBLIC, ORGANIZATION, OR A PEER THAT YOU DID NOT PARTICULARLY LIKE? HOW DID YOU HANDLE WORKING WITH OTHERS?**

## **GENERAL REFLECTION:**

**COMPARE HOW YOU FELT DURING YOUR FIRST HOUR AS A VOLUNTEER WITH HOW YOU FELT DURING YOUR LAST HOUR.**

**IN WHAT WAYS DID YOUR VOLUNTEER EXPERIENCE CHANGE YOUR VIEW OR ENHANCE YOUR VIEW OF YOUR COMMUNITY?**

**IN WHAT WAY DID IT CHANGE YOUR PERCEPTION OF 'COMMUNITY'?**

**WHAT DID YOU GET OUT OF THE EXPERIENCE?**



**WHAT DID YOUR COMMUNITY GAIN FROM YOUR CONTRIBUTION?**

**QUICK SUMMARY OF YOUR EXPERIENCE:**